



**IPF** | Internal  
**MEDICON** | Medicine  
**2021** | Meeting



4th Annual Conference of  
**Innovative Physicians Forum**  
**IPF MEDICON 2021**

*Organised By: Innovative Physicians Forum®*

*In Association with*

**HNBU Medical Education University Dehradun, Uttarakhand**

9<sup>th</sup> - 10<sup>th</sup> October 2021, Virtual Conference

# Scientific Programme



Theme  
**Innovations in  
Healthcare:  
Shaping The Future**

 [iphysiciansforum@gmail.com](mailto:iphysiciansforum@gmail.com)

 [www.iphysiciansforum.com](http://www.iphysiciansforum.com)

## Saturday, 9<sup>th</sup> October 2021, HALL A (DAY 1)

08:50am-09:00am	Welcome address		
TIMING	TOPIC	SPEAKER	CHAIRPERSONS
SESSION 1: CARDIOVASCULAR SYSTEM			
09:00am-09:20am (IST) USA Time: 10:30pm 8th October 2021	<b>Guest Lecture:</b>  Novel Oral Anticoagulants In AF	Dr Harish Chandna (USA)	Dr RR Mantri
09:20am-09:40am	Management of Young Hypertensives	Dr Praveen K Jain	Dr Neeraj Bhalla
09:40am-10:00am	HF With Improved EF: a new entity	Dr Suvro Banerjee	Dr Mohit D Gupta
10:00am-10:20am	Cardiovascular Risks In Women	Dr Anuj Maheshwari	Dr Naresh Sen
SESSION 2: NEUROLOGY			
10:20am-10:40am	Neurology & Neurophthalmology In Systemic Diseases	Dr Vivek Lal	Dr Anshu Rohtagi
10:40am-11:00am	Dangerous Headaches	Dr Vijay Sardana	Dr Ajay K Vats
11:00am-11:20am	Endovascular Management In Stroke	Dr Nikhil Bansal	Dr Dinesh Mohan Chaudhari
11:20am-11:40am	Obstructive Sleep Apnoea - An underrated disease	Dr Puneet Rijhwani	Dr Sandeep Rai
SESSION 3: RHEUMATOLOGY			
11:40am-12:00pm	Extra Articular Manifestations In Rheumatoid Arthritis And Spondyloarthritis : Significance And Management	Dr Aradhana Singh	Dr Yashaswi Gautam
12:00pm-12:20pm	SLE(Lupus): Five Exciting Recent Advances	Dr Atul Kakar	Dr Rahul Jain
12:20pm-12:40pm	JAK Inhibitors In Rheumatology	Dr Arun Kedia	Dr Neeraj Jain
MEDICAL EDUCATION & TRAINING			
12:40pm-01:05pm (IST) UK Time: 8:10am 9th October 2021	<b>Keynote Address 1</b> UK Internal Medicine Training [IMT] In India: Opportunities, Challenges & Solutions	Prof David Black (UK)	Dr JK Sharma Dr Vinod Ravindran Dr Puneet Khanna
ORATION 1: DR OP SHARMA ORATION			
01:05pm-01:35pm (IST) UK Time: 08:35am 9th October 2021	Contemporary Issues In The Healthcare For The Elderly: Global Scenario	Prof Andrew Elder (UK)	Dr KK Pareek Dr OP Sharma Dr Girish Mathur
01:35pm-02:00pm	<b>INAGUARATION</b>   <b>Chief Guest</b> <small>Prof. (Dr.) Hem Chandra Vice Chancellor HNBU Medical Education University Dehradun, Uttarakhand</small>	<b>Guests of Honour</b>   <small>Prof. (Dr.) Sudhir Sachdev Vice Chancellor Mahatma Gandhi University of Medical Sciences &amp; Technology, Jaipur</small>	 <small>Dr Arun Gupta President Delhi Medical Council</small>
SESSION 4: GERIATRICS AND INFECTIOUS DISEASE			
02:00pm-02:20pm	Clinical Approach In A Geriatric OPD	Dr Anand P Ambali	Dr Kaushik Ranjan Das
02:20pm-02:40pm	Drugs In Elderly	Dr O P Sharma	Dr MV Jali
02:40pm-03:00pm	COVID 19: Clinical Aspects, Management And Prophylaxis	Dr Nidhi Uniyal	Dr SK Goyal
03:00pm-03:20pm	Vector Borne Tropical Diseases: Preventive Strategies	Dr Sachin Desai	Dr Shilpi Khanna
SESSION 5: MIXED BAG			
03:20pm-03:40pm	Alcohol - To Drink or Not To Drink?	Dr Atul Luthra	Dr RM Chhabra
03:40pm-04:00pm	Adult Immunization	Dr Alok Gupta	Dr Anil K Manchanda
04:00pm-04:20pm	Advances In Medical Technology	Dr L Sreenivasamurthy	Dr Girish Verma
04:20pm-04:40pm	Enhancing Digital And Telemedicine Skills	Dr SV Kulkarni	Dr Mukesh Kumar Sarna
04:40pm-05:00pm	Male Sexual Dysfunction: An Overview	Dr Raveendran AV	Dr Vinod Malik
05:00pm	Closing remarks		

## Sunday, 10<sup>th</sup> October 2021, HALL A (DAY 2)

08:50am-09:00am	Welcome address		
TIMING	TOPIC	SPEAKER	CHAIRPERSONS
SESSION 6: ENDOCRINOLOGY			
09:00am-09:20am	Management Of Post Menopausal Osteoporosis	Dr Dheeraj Kapoor	Dr Ashok Jain
09:20am-09:40am	Hypothyroidism - An Underestimated Comorbidity	Dr JK Sharma	Dr Arvind Aggarwal
09:40am-10:00am	Diabesity : Clinical Implications	Dr BM Makkar	Dr Amarendra K Sinha Dr Ashish Dengra
10:00am-10:25am (IST) USA Time: 00:30am 10th October 2021	<b>Keynote Address 2</b> Endocrinology Of Ageing	Dr S Sethu K Reddy (USA)	Dr Rajesh Khadgawat
SESSION 7: ENDOSCOPIC INTERVENTIONS IN GASTROENTEROLOGY			
10:25am-10:45am	Advances in Pancreatobiliary Endoscopy -Clinically Relevant And Applicable	Dr Vipulroy Rathod	Dr Kunal Das
10:45am-11:05am	Therapeutic GI Endoscopy, Breaching The Surgical Domain	Dr Randhir Sud	Dr Naresh Bansal
SESSION 8: SYMPOSIUM ON RESEARCH & PUBLICATION			
11:05am-11:25am	How To Conduct Research In Non-Teaching Institutions?	Dr Mohit Goyal	Moderator: Dr Vinod Ravindran
11:25am-11:45am	How to Get Your Research Published?	Dr Durga P Misra	
11:45am-12:05pm	Panel Discussion	Dr Vinod Ravindran	
SESSION 9: DIABETES			
12:05pm-12:30pm (IST) UK Time 07:35am 10th October 2021	<b>Keynote Address 3</b> 100 Years Of Insulin: Past, Present & The Future	Prof Mark Strachan (UK)	Dr BM Makkar
12:30pm-12:50pm	Is Glycemic Control The Primary Objective Of DM Management?	Dr Anil K Virmani	Dr Dinesh Sharma
12:50pm-01:10pm	"Time In Range" In DM Management	Dr S. Sengupta	Dr Amit Gupta
ORATION 2: CHAIRPERSON'S ORATION			
01:10pm-01:40pm	Empowering Patients And Community In Diabetes Care	Dr Meena Chhabra	Dr Vipul Gupta Dr RR Singh Dr Padmashri Gulati
SESSION 10: RESPIRATORY MEDICINE			
01:40pm-02:00pm	TB Eradication By 2025- Reality Check	Dr VK Arora	Dr DK Chauhan
02:00pm-02:20pm	Interstitial Lung Disease - bench to bedside	Dr Nikhil C Sarangdhar	Dr Sangam S Biradar
02:20pm-02:40pm	Pulmonary Sarcoidosis - Practical Aspects	Dr Puneet Khanna	Dr Girish Khurana
02:40pm-03:00pm	Immunotherapy - new way to manage Allergies	Dr Pradyuman Sharma	Dr Viveck Athaiya
SESSION 11: NEPHROLOGY			
03:00pm-03:20pm	Hyponatremia	Dr Puneet Saxena	Dr Anil Samaria
03:20pm-03:40pm	Prevention Of Progression of Kidney Disease	Dr Dhananjay Agrawal	Dr Mohit Saran
03:40pm-04:00pm	Renal Replacement Therapy for Physicians	Dr Vikram Kalra	Dr Jayanta Sharma
04:00pm-04:20pm	Valedictory Function		

**Saturday, 9<sup>th</sup> October 2021, HALL B (DAY 1)**

<b>TIMING</b>	<b>TOPIC</b>	<b>PANELISTS</b>	<b>JUDGES/ MODERATOR</b>
09:00am-11:00am	<b>Oral Presentation</b>		
11:00am-01:00pm	<b>Poster Presentation</b>		
<b>WORKSHOPS</b>			
02:00pm-03:00pm	<b>Diabetic Foot</b>	<b>Dr Ghanshyam Goyal Dr Ashok Damir</b>	Dr S S Dariya
03:00pm-04:00pm	<b>Hematological Alterations in COVID-19</b>	<b>Dr Ruchika Manchanda Dr Pradeep Suri</b>	Dr Divya Bansal
04:00pm-05:00pm	<b>ABG &amp; Electrolytes In ICU</b>	<b>Dr Vishakh Verma Dr Rohit Kumar</b>	Dr Vinod K Singh

**Sunday, 10<sup>th</sup> October 2021, HALL B (DAY 2)**

09:00am-11:00am	<b>Oral Presentation</b>		
11:00am-01:00pm	<b>Poster Presentation</b>		
<b>WORKSHOPS</b>			
01:00pm-02:00pm	<b>Interpretation of PFT</b>	<b>Dr Davinder Kundra Dr Vikas Jaiswal</b>	Dr Vikas Maurya
02:00pm-03:00pm	<b>Telemedicine Skills</b>	<b>Dr SV Kulkarni Dr Sagar Sinha</b>	Dr L Sreenivasamurthy
03:00pm-04:00pm	<b>Insulin Therapy</b>	<b>Dr GD Ramchandani Dr Snehlata Verma</b>	Dr Meena Chhabra

• In both the groups of Oral & Poster Presentation there will be awards for 1, 2 & 3 position on both days.

• Applied for Delhi Medical Council CME Credit Hours

**Dr Meena Chhabra**  
*Org. Chairperson*

**Dr Vinod Ravindran**  
*Scientific Chairman*

**Dr JK Sharma**  
*Org. Secretary*

**ORAL PRESENTATION****Saturday, 9<sup>th</sup> October 2021, HALL B (DAY 1) 9.00 AM - 11.00 AM**

<b>TIMING</b>	<b>TOPIC</b>	<b>PRESENTER</b>
09:00am-11:00am	<b>Oral Presentation Session</b> <i>Judges: Dr Divya Saxena, Dr Deepak G Pande, Dr Paras Agarwal</i>	
	<b>Study Of Correlation Of Hba1C With Hdl Cholesterol In Patients Of Diabetes Mellitus Presenting With Acute Coronary Syndrome</b>	Dr. Sreeram Praveen Matti
	<b>Platelet Distribution Width (Pdw) As A Prognostic Factor In Ischemic Stroke Patients On Admission To Post Thrombolysis And After Thrombolysis To Outcome.</b>	Dr. Rohit Yashwant Khapre
	<b>Association Of Low Serum Vitamin D Level Among Pulmonary Tuberculosis Patient</b>	Dr. Aishwarya AP
	<b>Spectrum Of Tuberculosis Disease Among Hiv Positive Patients And Response To Antitubercular Therapy</b>	Dr. Renu Duhan
	<b>Vit D Status As A Marker Of Prognosis In Acute Ischemic Stroke</b>	Dr. Sakshi Mittal
	<b>Intestinal Behcet'S And Crohn'S Disease - Physician'S Dilemma</b>	Dr. Anjali Dhanda
	<b>Platelet Distribution Width And Platelets As Prognostic Factors In Patients On Ventilatory Support</b>	Dr. Manjari Shukla
	<b>Sigma Metrics Assessment As Quality Improvement Methodology In A Clinical Chemistry Laboratory</b>	Dr. Monika Garg
	<b>Determination Of Utility Of 3 Minute And 6 Minute Walk Tests In Assessment Of Progression Of Mild Covid-19 Infection At A Tertiary Hospital In North India</b>	Dr. Souradeep Chowdhury
	<b>Household Secondary Attack Rate In Mild Covid-19- An Observational Study</b>	Dr. Ananthu Narayan
	<b>Impact Of Pulmonary Rehabilitation On Pulmonary Function Measures, Exercise Capacity, Quality Of Life And Psychosocial Parameters Of Patients With Chronic Obstructive Pulmonary Disease</b>	Prof. Ramakant Dixit
	<b>Primary Sclerosing Cholangitis</b>	Dr. Ajay Singla

**POSTER PRESENTATION****Saturday, 9<sup>th</sup> October 2021, HALL B (DAY 1) 11.00 AM - 01.00 PM**

<b>TIMING</b>	<b>TOPIC</b>	<b>PRESENTER</b>
11:00am-01:00pm	<b>Poster Presentation Session</b> <i>Judges: Dr Narsingh Verma, Dr Payal Jain, Dr Sajesh Asokan</i>	
	<b>Activity Of Fosfomycin Against The Spectrum Of Uropathogens Causing Cystitis</b>	Dr. Arvind Kumar
	<b>Pulmonary Mucormycosis Presenting In A Patient With Diabetic Ketoacidosis- An Interesting Case Report:</b>	Dr. Dr Ansh Rajput
	<b>Anti-Dsdna Negative And Anti-Ro Positive Lupus Nephritis: A Report Of A Rare Case</b>	Dr. Deepak Jain
	<b>Dengue Fever Presenting As Myositis: An Uncommon Presentation</b>	Dr. Promil Jain
	<b>Tuberculous Pericardial Effusion</b>	Dr. Nikhil Pandit Patil
	<b>Hepatoid Adenocarcinoma Of Stomach</b>	Dr. Vishwajeet Patel
	<b>Cardiac Tamponade - A Case Series</b>	Dr. Shashank Singh
	<b>A Study Of Correlation Between Presence Of Comorbidities And Severity Of Lung Involvement In Covid 19 Patients</b>	Dr. Monika Singh
	<b>A Case Report Of Vasculotoxic Snake Bite With Ivh And Rhabdomyolysis</b>	Dr. Pallaavi Goel
	<b>Lung Malignancy With Metastasis In A Case Of Kartageners Syndrome A Rare Association</b>	Dr. Khusbu Ruparel
	<b>Monomelic Amyotrophy (Hirayama Disease) - A Rare Neurological Entity</b>	Dr. Prashant Kaushik
	<b>Ethylene Dibromide Poisoning With Acute Myocarditis: A Rare Association</b>	Dr. Sahil Kharbanda
	<b>Correlation Between Interleukin -6 And Creatine Kinase -Mb In Acute Coronary Syndrome " A Hospital Based Descriptive Study</b>	Dr. Kshitij Kumar
	<b>Intracardiac Thrombosis In Polycythemia-Rare Presentation</b>	Dr. Praveenraj V
	<b>Post Covid Inflammatory Myopathy -A Rare Presntation</b>	Dr. Suvajit Chakraborty
	<b>When Leukemias Unite..</b>	Dr. Karthik Ambalavana
	<b>A Study Of ECG Changes In Young Healthy Smokers Compared To Non Smokers</b>	Dr. Chethan R Rajpurohit
	<b>Correlation Between Smoking (Pack Years) And CT Severity Score In Covid 19 RT PCR Positive Patients - Short Retrospective Study</b>	Dr. Mansha Grover

# ORAL PRESENTATION

Sunday, 10<sup>th</sup> October 2021, HALL B (DAY 2) 9.00 AM - 11.00 AM

TIMING	TOPIC	PRESENTER
09:00am-11:00am	<b>Oral Presentation Session</b> <i>Judges: Dr Shilpi Khanna, Dr. Naresh Sen, Dr. Amitesh Aggarwal</i>	
	<b>A Study Of Clinical Profile Of Liver Abscess In Malwa Region Of India</b>	Dr. Bhanu Pratap S Dhakar
	<b>CO-Relation Of Neutrophil To Lymphocyte Ratio With Cardiac Biomarker With Respect To Left Ventricular Ejection Fraction</b>	Dr. Lakshmi Monika Puvvada
	<b>Evaluation Of Renal Functions In Tropical Acute Febrile Illness</b>	Dr. Pema Wangyal Bhutia
	<b>Prevalence And Severity Of Non-Alcoholic Fatty Liver Disease In Patients With Chronic Kidney Disease.</b>	Dr. Arpit Agarwal
	<b>Correlation Of Thrombocytopenia Recovery With Serum Vitamin B12 Levels In Dengue Fever</b>	Dr. Yash Jhamnani
	<b>Multisystem Inflammatory Syndrome In A Young Adult During The Second Wave Of Covid-19 Pandemic In India</b>	Dr. Shreya Garg
	<b>Role Of CSF Lactate And Chloride In Identifying The Etiology Of Meningitis</b>	Dr. Manikandan C
	<b>Gullian Barre Syndrome Post Covid 19 Vaccination- Topic Of Concern</b>	Dr. Prashant Kaushik
	<b>To Study The Presence Of Prediabetes And Hypertension In First Degree Relatives Of Patients With Type-II Diabetes Mellitus</b>	Dr. Nikhil Pandit Patil
	<b>Tuberous Sclerous</b>	Dr. Manu Chaudhary
	<b>Neurocutaneous Melanosis</b>	Dr. Vineet Dixit
	<b>A Study Of Clinical Profile Of Extrapulmonary Tuberculosis With Special Reference To Xpert MTB /RIF Assay</b>	Dr. Divya Jose

# POSTER PRESENTATION

Sunday, 10<sup>th</sup> October 2021, HALL B (DAY 2) 11.00 AM - 01.00 PM

TIMING	TOPIC	PRESENTER
11:00am-01:00pm	<b>Poster Presentation Session</b> <i>Judges: Dr Padmashree Gulati, Dr Saurabh Srivastava, Dr Anubha Shrivastava</i>	
	<b>Rare Case Report Of Acute Copper Sulphate Poisoning With Typical Presentation</b>	Dr. Vikas R
	<b>Cerebral Venous Sinus Thrombosis As The Initial Presentation In Covid-19</b>	Dr. Junaid Ahmed Mohd Khursheed Ahmed
	<b>Intermediate Syndrome Following Organophosphate Poisoning</b>	Dr. Md Babul Akhtar
	<b>An Unusual Case Of Subacute Bacterial Endocarditis</b>	Dr. Syamantak Chakraborty
	<b>Radiological Presentations Of Lung Carcinoma</b>	Dr. Gunjan Sharma
	<b>Castlemans Disease:A Rare Cause Of Cervical Lymphdenopathy</b>	Dr. Pankaj Behara
	<b>Acute Liver Failure Complication Of Brucellosis Infection</b>	Dr. Khoushik
	<b>Case Report Of Arterial Pseudoaneurysm Complicating Pancreatitis</b>	Dr. Mandeep Kadian
	<b>Cecal Angiodysplasia Treated With Argon Plasma Coagulation</b>	Dr. Vaibhav Gaur
	<b>Obstructive Sleep Apnoea (OSA)</b>	Dr. Dipanshu Jain
	<b>Chronic Topaceous Gouty Arthritis</b>	Ms. Reenu Rohilla
	<b>Critical Care Management Of A Case Of Tetanus</b>	Dr. Matti Sreeram Praveen
	<b>Budd Chiari Syndrome A Rare Illness</b>	Dr. Manjari Shukla
	<b>Pulmonary Embolism In An Isolated Upper Limb Extremity Deep Venous Thrombosis- A Rare Presentation.</b>	Dr. Rohit Yashwant Khapre
	<b>A Case Of Autoimmune Hemolytic Anemia</b>	Dr. Nihar Patidar
	<b>A Interesting Case Of Autoimmune Pancreatitis.</b>	Dr. Anita Mathuriya
	<b>Study Of Vitamin B12 Deficiency Anaemia And Glycosylated Hemoglobin Levels</b>	Dr. Vrashti Chandra
	<b>Gangrene Of Tip Of Nose- Atypical Presentation Of Acute Myeloid Leukaemia</b>	Dr. Ninad Mallanna Mulimani